

## 2023 - 2024 **Raytown Quality School District** September **After School Meal Program** Middle School & Highschool



- denotes menu i	item may	contain	por

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								FRIDAY	1
								NO	ASMP
MONDAY	4	TUESDAY	5	WEDNESDAY	6	THURSDAY	7	FRIDAY	8
NO SC	CHOOL	No Nut Butter I Vegetable Juic Applesauce WG Strawberr Milk	e	WG Croissant Sa Tomatoes & Rand Apples Whole Milk		WG Turkey & Sandwich Baby Carrots Raisins Milk	Cheese	Uncrustable Vegetable Ju Applesauce Milk	uice
MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY	15
BBQ Chicker Sunflower Se Vegetable Ju WG Cheez-It Raisins Milk MONDAY Beef & Chee: Vegetable Ju Strawberry A WG Cheez-It Milk	n Bites eeds uice ts  18 se Stick uice	WG Sandwich Baby Carrots Fresh Orange Milk  TUESDAY  WG Sandwich Baby Carrots Fresh Orange Milk	Deli	WG Croissant Sa Sliced Cucumbers Apples Whole Milk WEDNESDAY WG Croissant Sa Tomatoes & Ranc Apples Whole Milk	ndwich s	WG Turkey & Sandwich Baby Carrots Raisins Milk  THURSDAY WG Turkey & Sandwich Baby Carrots Raisins Milk	21	Uncrustable Vegetable Ju Applesauce Milk  FRIDAY  Uncrustable Vegetable Ju Applesauce Milk	uice 22
MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY	29
Turkey & Che Sunflower Se Vegetable Ju Applesauce WG Mini Gra Milk	eeds uice	WG Sandwich Baby Carrots Fresh Orange Milk	Deli	WG Croissant Sa Sliced Cucumbers Apples Whole Milk		WG Turkey & Sandwich Baby Carrots Raisins Milk	Cheese	Uncrustable Vegetable Ju Applesauce Milk	lice

<sup>&</sup>quot;This institution is an equal opportunity provider."

We reserve the right to make substitutions to the menu.

WG = Whole Grain